

Sportsmen's Tennis & Enrichment Center
and The Boston Police Department present

Volley Against Violence

A Community Outreach Program of
Sportsmen's Tennis & Enrichment Center

FREE FUN & FITNESS for youth

Volley Against Violence

Youth ages 8 to 16

Fridays 6:00 - 8:00pm

[Scan to sign up for Volley Against Violence here >](#)



Community Tennis

Youth and Adults ages 5+

Sundays 3:00 - 5:00pm

[Scan to sign up for Community Tennis here >](#)



Volley Against Violence (VAV), a partnership with the Boston Police Department, brings youth of all ages from all over Boston to Sportsmen's for weekly, free tennis with Sportsmen's coaches and Boston Police officers.

Through tennis, VAV empowers youth to develop important life skills both on and off the tennis court. Youth participants learn to work as a team, to set and achieve goals, to respect one another, to respect police officers and to resolve conflicts as well as learn the importance of making an effort and trying new things.

Using a life skills curriculum that focuses on their emotional, cognitive and physical development, VAV helps participants to build the tools needed to address conflict and challenges in alternate ways.



Dale Kennedy
Boston Police Officer
Volunteer Coach



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